

Additional weigh-in facilities will be available on Saturday evening (one weigh only)  
 Between 7-8 pm in the centre. Sunday 9-945am at which time it will close.  
 This competition will begin at 10.30am.

**The British Judo Council**  
**WELSH JUNIOR CHAMPIONSHIPS**  
**PRIMARIES**  
**Sunday 1<sup>ST</sup> July 2007**

Judo club name.....

Contact Name .....  
 & Address  
 .....

**Male Primaries**

Name	Under 25 Kg	Under 28 Kg	Under 31 Kg	Over 31 Kg

**Female Primaries**

Name	Under 25 Kg	Under 28 Kg	Under 31 Kg	Over 31 Kg

**The following techniques are strictly forbidden and any attempt will incur disqualification.**  
 Armlocks, Strangles, All Sacrifice Throws, Leg or Ankle Grabs, Kubi Nage and Maki-Komi.  
 Following the contestants Rei to each other they must engage with the right natural grip i.e. one  
 lapel and one sleeve.

Referee to instruct the competitors to 'Take Hold', then 'Hajime' at the **start and restart** of a  
 contest.

**All Primary entrants having been awarded a junior grade are not permitted to participate in  
 any of the Primary categories.**

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