

**BJC**  
**SENIOR NATIONAL CHAMPIONSHIP**

**DATE: Sunday 15<sup>th</sup> November 2009**

**VENUE: Hereford Leisure Centre  
Holmer Road, Hereford.**

**ENTRY FEE: Weight group £15.00**

**“ “ Open Group £ 3.00**

**Spectators fee: £ 3.00**

**WEIGH-IN COMMENCES AT 9AM on SUNDAY**

**ADDITIONAL WEIGH-IN ON SATURDAY EVENING 6PM to 7PM**

**Conditions of Entry**

1. Entrants must produce a current BJC/BJA Licence on the day
2. Entrants licence must include a photograph and a date of birth.
3. Competitors entering the Espoir group, must have reached the age of 16, but not be 18 years on the day. Proof of age will be necessary.
4. Closing date for all entries will be last post on Tuesday 10<sup>th</sup> November 2009.
5. **Weigh-in will be strictly controlled, with “one” weigh only (removal of jacket only is permitted)** .Judo trousers to be worn. This competition is scheduled to commence at 10.30 am.
6. We reserve the right to restrict any category to a maximum of 32.
7. Weight changes (upwards only) on the day are subject to item 6 (plus a penalty of £3).
8. Team managers only will be allowed to accompany entrants to weigh-in.
9. Team managers only allowed to consult with the Mat Marshall.
10. The BJC reserve the right to record by film or video, all or any part of the competition.
11. **Competitors entering the open categories please do so on the day at £3.00.**

**NO VIDEO PASSES WILL BE ISSUED.**

**Competition Regulations**

1. No coaching will be allowed during the competition.
2. Judogi must comply with BJC contest rules. **Excessively thick judogi will be disallowed and shoulder stripes!!**. Females must additionally wear a plain white T-shirt.
3. No refreshments, drinks etc, to be taken to the side of the mat.
4. All competitors must comply with the regulations regarding footwear, ie Zorri only to be worn to side of mat. **Trainers, Crocs and any form everyday footwear etc are not permitted.**
5. Where there are sufficient numbers, categories will be fought in preliminary rounds pools, then knockout with repercharge. |(Repercharge back to the 2<sup>nd</sup> in pool).
6. Gold, Silver and 2 Bronze awards will be made in all categories.
7. The BJC reserves the right to amalgamate any weight category.

**SEND ENTRIES TO; British Judo Council 37 High street, Stalham, Norfolk NR12 9AH**

**Cheques made payable to: B.J.C. & CROSSED. IT IS IN YOUR INTEREST TO READ THESE RULES CAREFULLY BEFORE FILLING IN THE ENTRY FORM.**

**The BJC reserve the right to amalgamate categories with less than 4 entrants. Those who do not wish to amalgamate have the option of withdrawing and being refunded their entry fee. No other form of recompense will be made.**