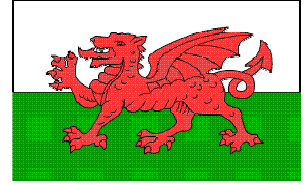


The All New BJC Welsh National Championships
Age & Weight Event
25th Sept 2011
Including – Primary- Junior and Youth
Over 56 Categories on 5 mats



HEREFORD LEISURE CENTRE HOLMER ROAD HEREFORD HR4 9UD

This year's BJC Welsh Nationals has been revamped.

The event will be by age and weight, which we hope will give participants greater opportunity.

All competitors must be at least 8 years of age. To ensure that each competitor has adequate personal insurance, they will need to produce a valid **BJC, BJA or AJA** license at the weigh in.

All competitors must register online before the closing date (See enrolment detail below) at www.bjcwelshjudoevents.org.uk

The BJC hope to offer the age / weight categories listed below; however they reserve the right to withdraw or combine any categories. Where a category is combined then only one set of medals will be awarded.

AGE & WEIGHT CATEGORIES (age on the day of the competition)

8/9 years (The Age of 8 and under the age of 10) Boys -24, -27, -30, -34, -38, -42, -46, -50, O50k
Girls -28, -32, -36, -40, -44, O44 k

10/11 years (The Age of 10 and under the age of 12) Boys -30, -34, -38, -42, -46, -50, -55, O55k
Girls -32, -36, -40, -44, -48, -52, O52 k

12/13 years (The Age of 12 and under the age of 14) Boys -42, -46, -50, -55, -60, -66, O66k
Girls -40, -44, -48, -52, -56, -61, O61k

14/15 years (The Age of 14 and under the age of 16). Boys -50, -55, -60, -66, -73, O73k
Girls -48, -52, -56, -61, -65, O65k

16/17 years (The Age of 16 and under the age of 18) The Youth weights will be decided on the day

Please note that this event is run under the current BJC contest rules (excepting for weights). A copy can be viewed on the event webpage.

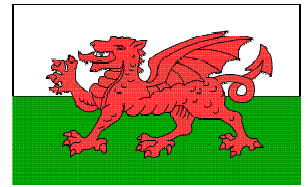
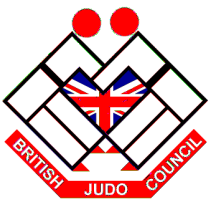
Competitors who are the only entrants in such a weight category will be offered the option of:

- Competing in the same age group but at the weight above.
- Having his / her entry fee returned.

The Organiser reserves the right to combine weight categories in the case of insufficient entries. The entrant, or parent or coach of any entrant so affected, may withdraw the entrant with a full refund of the competition entry fee, to include any extra payment made as a result of an overweight penalty. (penalty £2.00)

WEIGHING IN TIMES

Saturday 24 th September 6:00pm to 7:00pm	All categories
Sunday 25 th September 8:45am to 9:30am	8, 9, 10, 11, 12, 13 year old male and female
Sunday 25 th September 10.45am to 11:30am	14, 15, 16, 17 year old male and female



Enrolment Procedure BJC Welsh Nationals 25th Sept 2011

Online registration.

All competitors wishing to enter this event must register online before **Monday 12th Sept.** Only those registered before **Monday 12th** will be accepted.

Register at www.bjcjudoevents.org.uk

(We would like to think that the majority of clubs have access to the internet or by club member, however if you have difficulty with this then please call The BJC for advice).

Pay and confirm

- Once you have registered you will be sent by email a unique reference/Pay number.
- You then have until Tuesday 20th to confirm and pay for your entries.
- During this period you can add/replace or remove entries from your list.
- Once you have paid for your finalised entry you will receive a confirmation of entries by email.
- The closing date for all amendments and final payment is Tuesday 20th Sept 2011

How to pay for entries.

Your final entries can be paid by:

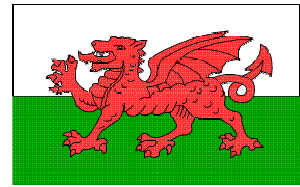
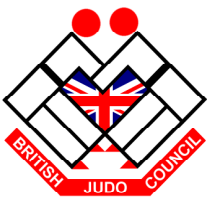
1. Telephone using debit/credit card (charges apply) contact BJC HQ on 01692 580900
2. By cheque, made payable to BJC and sent to

British Judo Council, 37 High Street, Stalham, Norfolk NR12 9AH
(All cheques must be received by the closing date 20th Sept)

ENTRY FEE £18.00 per person

**BJC Licence holders are entitled to a £2 per entry reduction (ie. £16)
There is a Further CLUB discount of 10% if the BJC entries are done via a BJC
Registered Club**

Spectators £3.00



Conditions of Entry

1. Entrants must produce a current BJC, BJA or AJA licence on registration
2. Entrants licence must include a photograph and date of birth
3. Entrants entering the 'Youth' group must be 16 but not more than 18
4. Closing date for all entries is the 12th September, payment must be made by the 20th September.
5. We reserve the right to restrict any category, merge any category with an adjacent category or cancel any category (a refund will be given on cancellation)
6. The event, or part thereof may be videoed and/or photographs taken. If you object to your child's image being used please notify the Mat Marshall and all reasonable steps will be taken to ensure that this does not happen
7. The Weigh-in will be strictly controlled. One 'weigh' per competitor with removal of jacket only, is permitted
8. Weight changes (upward only) on the day subject to a £2 penalty, However it may be necessary to move competitors down if insufficient entries in a category or to avoid mismatch.
9. It is a condition of entry that entrants, their parents, and their coaches satisfy themselves that the entrant is in a physical condition to participate in the event. Any doubts should be referred to Head Office at least 1 week before the tournament (or the Tournament Director, on the day, if something has arisen immediately prior to the event.

Competition Regulations

1. The event will be run under BJC Contest Rules. These can be found at: http://britishjudocouncil.org/documents/technical_notices/oct2010_contest_rules_final_a5.pdf
No coaching will be allowed during the competition
2. For reasons of safety, no refreshments, drinks etc. to be taken to the side of the mat. Drinking water will be available from the table
3. For reasons of safety, all competitors must comply with the regulations regarding footwear ie. Zoris only to be worn to the side of the mat. Trainers, Crocs or everyday shoes are not permitted
4. For reasons of safety, any competitor deemed to not be sufficiently competent technically, physically or mentally to compete will be withdrawn by the presiding official in his/her absolute discretion
5. No person at all is permitted to encroach upon the competition or official's area without permission.

Prohibited Techniques

The following techniques are not permitted.

Armlocks	All under 16 Years
Strangles	All under 16 Years
Sacrifice throws#	All under 16 Years
Leg or Ankle Grabs	All under 16 Years
Makikomi ¢	All under 16 Years
Kata Gurama	All under 16 Years
Drop Knee Seoi-Nage	All under 16 Years
Leg or Ankle Grabs ∞	All Ages
Kubi Nage *	All Ages

¢ winding throw

* neck throw with one or both arms

∞ Leg or Ankle Grabs as an initiated technique

As direct, combination or counter technique