

Forthcoming events

4th September 2011
BJC Kata Tournament
Rawlett sports and leisure centre
Tamworth

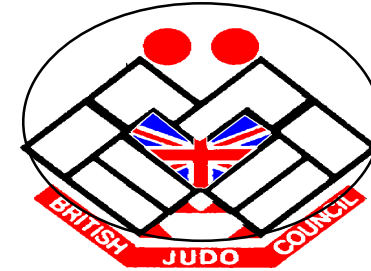
25th September 2011
BJC Welsh Junior Nationals
Hereford

20th November 2011
BJC Senior Nationals
Hereford

26th/27th November 2011
Peterborough Course
Peterborough

For more events or further information
please go to
www.britishjudocouncil.org

*Arun Leisure Centre, Felpham Way
Bognor Regis, Sussex PO22 8ED*



British Judo Council
Bognor
Summer School
August 22nd-26th 2011



**Andy Marshall 5th dan BJC/Les Eacock 5th dan BJC
Guest instructors Mon/Tues**

Arun Leisure Centre
Felpham Way
Bognor Regis PO22 8ED

Tutors in Attendance.

President R.Otani(Wed Thurs/Fri.) .

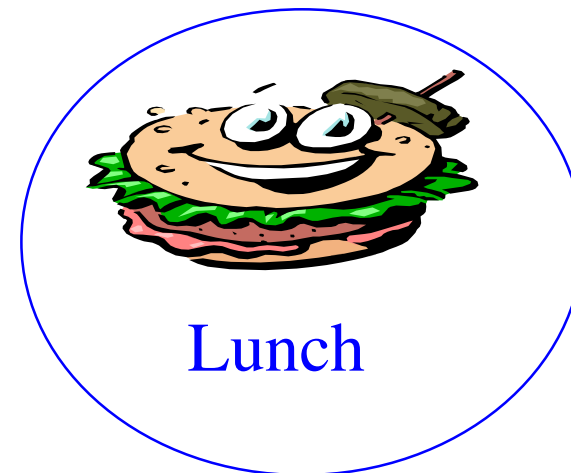
Kata Advisor M.Whyman 6th Dan Kodokan
(Mon/Tues/Wed/Thurs/Fri)

Guest Instructors Mon/Tues

Andy Marshall 5th Dan

Les Eacock 5th Dan

invited guest



Course Fees.

	Primary	Junior	Senior
All Week	£44	£47	£63
Daily Rate	£10	£11	£12

The daily rate applies for part days

The daily rate applies for part days including Friday

DISCOUNTS Registered coaches 10%
 4 or more person 10%
 Family discount 2 or more 10%

ANY DISCOUNT IS ON "STAND ALONE" BASIS AND
ONLY AVAILABLE ON PREBOOKED PLACES

Please ensure that you either bring a packed lunch or money to buy a meal, snack etc. from the Waterside Cafe. You will have to queue as meals cannot be pre-booked ! As usual all primaries will be supervised during their lunch break.

Please note: -

No food is to be consumed in the Main Hall.

Make sure you also bring plenty to drink as water will not be provided.

Swimming.



All judoka can use the swimming pool at the Leisure Centre's membership rates at public swimming times only.

To qualify for the discount rate you must have a BJC swimming voucher. These are available from the registration desk each day and must be surrendered when you pay for your swim.

Additional Instructors Availability

R.Otani	President	Thurs, Friday Grading
G.R.Mealing	7th Dan	Mon, Tues, Wed, Kata & Coaching Awards Friday Grading
Mrs.M.Whyman	6th Dan	Mon, Tues, Wed, Thurs, Fri.
Richard Raymond	6th Dan	When available
Paul Laskey	6th Dan	When available
M. Newton	6th Dan	When available
Andy Marshall	5th Dan	Mon , Tues
Les Eacock	5th Dan	Mon ,Tues
Ann Scott	5th Dan	When available
J. Harrison	4th Dan	General Judo when available.
L. Witts	4th Dan	All Week
D.Foxwell	2nd Dan	When available.

Kata.

There are designated times for Kata. You may practice a particular kata on a free mat if you wish. Kata instruction will generally be under the supervision of Mrs.M.Whyman. Other instructors may be named.

FPJ 1 COURSE Mon 22nd and Tues 23rd with Penny Grigg this course will allow for revalidation of FPJ 2 qualifications also.

DAILY INSTRUCTIONS !



Registration. (9 a.m. to 9.45 a.m.)

Please register each day at the Summer School Desk, not at the Leisure Centre Reception. Please allow plenty of time to arrive at the centre each day to ensure you change, register and are on the mat in time for the commencement of your lesson.

Allow extra time on Monday to register. You will be given a number which you must remember, this will speed up daily registration.

Licences.

You must produce an up to date Licence of an approved judo organisation when you register. Make sure all the details are correct especially, the grade! That the licence contains a current photograph. Licences of BJC members will be kept at the registration desk for your attendance to be recorded.

Notes for Parents.

Whilst primaries will be supervised during the lunch break, there is no supervision after 4 p.m. each day for the under 10 year olds.

Juniors may finish at a later time. Please check lesson plan for details.

Food is not to be consumed in the main hall.

Seniors.

Any senior wishing to take *any* qualification must register at the desk their wish/intention to do so, on the first day of attendance.

This includes Shudoshadai Awards, Refereeing awards, Timekeeping or Recording qualifications Provision will be made for revalidation of the above awards plus the Referee & Table Official Awards.