



## British Kata Team

*present*

## Kime-no-Kata *and* Ju-no-Kata

Come and enjoy a day or two of Kata with members of the current British Kata Team, and IJF kata judge **Sean Nuttel** fresh from the world championships, their positive coaching styles will make for a great day.

**Sat 21st Oct      Kime-no-Kata      Bob & Ricky Cleevely**

**Sun 22nd Oct      Ju-no-Kata      Victoria Cleevely & Lisa Gaitely**

A fantastic opportunity to learn or improve these kata in a relaxed atmosphere you will have a great time with us I'm sure.

Only **£20.00** per day

Start at 9.30am, 'til around 5pm each day

To be held at:      **St Albans Judo Club**  
The Dojo, Batchwood Golf Course & Sports Centre,  
Batchwood Drive, St Albans AL3 5XA

There will be opportunity to have your kata examined for grading purposes.

*It is planned that each day will be licenced separately for revalidation purposes.*

Weapons for Saturday will be provided if you require them please let us know when booking.

*Book your place now as this will fill up quickly.*

To book or for more information,

E-Mail: [bob@stalbansjudo.org.uk](mailto:bob@stalbansjudo.org.uk)

or Phone: 07762 417045

