



BRITISH JUDO COUNCIL



Juno-Kata Evaluation Sheet

Candidates Name _____ Age _____ Grade _____ Venue _____

Requirement Circle one only	Contest	Non-contest	Club Coach	Shudoshadai	Ichi	Ni	San
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TORI - UKI Circle as appropriate						Comments
		Very Good	Good	Satisfactory	Needs Improvement	
Opening & Closing Kata						
First Set	TSUKI-DASHI Forward thrust					
	KATA-OSHI Shoulder push					
	RYO-TE-DORI Double wrist grip					
	KATA-MAWASHI Shoulder turn					
	AGO-OSHI Jaw push					
Second Set	KIRI-OROSHI Downward cut					
	RYO-KATA-OSHI Double shoulder press					
	NANAME-UCHI Slanting cut					
	KATA-TE-DORI One hand grip					
	KATA-TE-AGE Arm raising					
Third Set	OBI-TORI Belt seizure					
	MUNE-OSHI chest push					
	TSUKI-AGE Upper cut					
	UCHI-OROSHI Downward blow					
	RYO-GAN-TSUKI Thrust to eyes					

Club coach first set as Tori & Uki				2	= Failure
2nd Kyu 1st Set				2	= Failure
1st Kyu 1st & 2nd Set				4	= Failure
1st Dan Non Contest Complete				4	= Failure
2nd Dan Candidates Choice				5	= Failure
3rd Dan Candidates Choice				4	= Failure
4th Dan Candidates Choice				3	= Failure
5th Dan Assessor's Choice				5	= Failure
Shudoshadai Ichi all as Tori				3	= Failure
Shudoshadai Ni all as Tori & Uki				2	= Failure
Shudoshadai San all as Tori & Uki				1	= Failure

Assessors Name _____ Assessors Grade _____ Date _____

Assessors Signature _____ BJC Membership Number _____