

**BJC Contest Rules – Amendment (Rash Guards)**

**This is a new Amendment - proposed by Paul Laskey  
17 May 2016. Currently already in operation.**

**From latest version of BJC Contest Rules 31<sup>st</sup> August 2012.**

**CONTESTANT'S UNIFORM**

**2.7 MALE JUDOKA.**

**Track Tops, Sweatshirts, [Rash Guards](#), [Compression Tops](#)  
etc. must be removed before Male Judoka compete.**

**2.8 FEMALE JUDOKA**

**Only Female Judoka shall wear a strong, white, short-  
sleeved 'T' shirt under the Judogi jacket. It shall be free of  
any insignia, logo or motif and shall be long enough to be  
contained within the Judogi trousers.**

**The wearing of a Leotard is not permitted.**

**Track tops, Sweatshirts, [Rash Guards](#), [Compression Tops](#)  
etc. must be removed before Female Judoka compete.**

Approved by: The National Technical Committee (NTC)  
Authorised by: Robin Otani – President

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