

BJC CORNWALL AREA
COURSE AND GRADING SATURDAY 2nd & SUNDAY 3rd NOVEMBER 2017
AT CARN BREA LEISURE CENTRE
Guest Instructors Neil Roode 6th Dan & Fran Roode 2nd Dan

Saturday

9-9.30	9.30- 11.30 1ST SESSION	11.30-11.45	11.45-12.30	12.30 1PM	13.00- 15.00 2 ND SESSION	15.00-15.15	1515-16.15
Booking in 1 st session	Primaries All Orange & Green & Tabs Juniors White With Yellow Tabs Coaching	Break	Grading	Booking in 2 nd session	Primary Blue; Brown Tabs Junior Yellow Tabs Orange 1 Green only Coaching	Break	Grading

Sunday

9-9.30	9.30- 11.30 3rd session	11.30-11.45	11.45-12.30	12.30- 14.30
Booking in	Junior Orange 2 Green Tabs All Junior Green Belts Youth Grades (under 16) & All Senior Grades Coaching	Break	Kata Pre qualification	Grading Junior Orange 2 Green Tabs All Junior Green Belts Youth Grades (under 16) & Senior Grades Up to 1 st Dan

All times are approximate.

