



# BJC Kata Tournament 2023



14th January 2023 • 11.30am Registration • 12.30pm Start  
Kingsbury Community Centre.  
Pear Tree Ave,  
Kingsbury B78 2LG

**PLEASE READ THESE RULES CAREFULLY BEFORE FILLING IN THE ENTRY FORM**

## Conditions of Entry

1. This event is open to BJC, BJA & AJA. Entrant's must produce a current, valid Judo licence properly completed with their details including photograph and date of birth upon booking in at the event.
2. Tournament entry is £15 per person for Seniors plus £7.50 per person for each additional Kata and £10 per person for Juniors plus £5 per person for each additional Kata.
3. All entries must be received by the end of the 1<sup>st</sup> January 2023.
4. We reserve the right to restrict/merge any category(s).
5. Individual entrants (if 18 or over), their parents (if under 18) and their coaches should satisfy themselves that the entrant is in a physical condition to participate in this event. Any doubts should be referred to Head Office at least one week before the tournament (or the Tournament Director, on the day, if something has arisen immediately prior to the event).
6. There may be ongoing medical issues which, whilst not precluding entry are none the less, issues of which the judges on the mat should be aware. It is a requirement that such issues are detailed on the entry form. An example would be "Asthmatic needs an inhaler at the side of the mat".
7. The BJC reserve the right to record by film or video, all or any part of the Tournament.
8. Entrants should enter the category for the oldest member of the pair or for Seniors, the highest grade of the pair.
9. Kata pairs may be made of single or mixed gender but can only enter a category once.
10. On the day, Registration is open at 11.30am for a prompt start at 12.30pm (We hope to be able to have a practice mat open as early as possible).

## Tournament Regulations

- 👤 No coaching will be allowed during the Tournament
- 👤 Judogi must comply with BJC contest rules. Females must additionally wear a plain white high neck T-shirt. Please see [http://bjcjudoevents.org.uk/bjc\\_contest\\_rules.pdf](http://bjcjudoevents.org.uk/bjc_contest_rules.pdf)
- 👤 For reason of safety drink containers or refreshments are not allowed mat side. All competitors must comply with the regulations regarding footwear, i.e. Zori only to be worn to the side of the mat. Trainers, crocs or other shoes etc are not permitted.
- 👤 Gold, Silver and Bronze medals will be available in all categories.
- 👤 For safety, only wooden weapons are permitted & guns must have no trigger guard.
- 👤 Photographs and video will be taken at this event. If you do not wish your child to be photographed, please speak to the Tournament organizers prior to your child demonstrating who will use their best endeavours to prevent your child being videoed or photographed.

Entries to British Judo Council, 37 High Street, Stalham, Norfolk, NR12 9AH. To pay by Cheque please send entires payable to the BJC. To pay by card, please contact BJC HQ on 01692580900

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## Primary and Younger Junior Entrants (age 8-11 years):

**Nage No Kata** – Second and third set only

**Katame No Kata** – First set only

**Ju No Kata** – First set only (5 techniques)

Entrants		DOB	Kata	ListSet(s)
Tori				
Uke				
Tori				
Uke				

## Older Junior Entrants (age 12-15 years):

**Nage No Kata** – First three sets

**Katame No Kata** – First set only

**Ju No Kata** – First set only (5 techniques)

Entrants		DOB	Kata	ListSet(s)
Tori				
Uke				
Tori				
Uke				
Tori				
Uke				

**NB:** There will be an opportunity to perform any Kata that is not included within the Tournament as listed on these forms. This is for demonstration purposes only.





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## Adaptive Kata (age 8+ years):

Suitable for Judoka with a Learning or Physical disability, please contact BJC head office to discuss entries.

### Nage No Kata –

**8 - 15 years** – Second and third set only

**16+ years** – First three sets inclusive

### Katame No Kata –

**8 - 15 years** – First set only

**16+ years** – First two sets

### Ju No Kata –

**8 - 15 years** – First set only (5 techniques)

**16+ years** – First set only (5 techniques)

Entrants		DOB	Kata	ListSet(s)
Tori				
Uke				
Tori				
Uke				
Tori				
Uke				

**NB:** There will be an opportunity to perform any Kata that is not included within the Tournament as listed on these forms. This is for demonstration purposes only.