



## REVISED TIERS AND WHAT YOU ARE ALLOWED TO DO IN YOUR CLUBS.

TIER	OVER 18'S	UNDER 18'S
TIER 1	Outdoor socially distanced classes  Or Indoors classes of no more than 15 (as per current guidelines)	Outdoor socially distanced classes  Or Indoor classes of no more than 15 (as per current guidelines)
TIER 2	Outdoor socially distanced classes  Or Indoor classes of no more than 15 (as per current guidelines)	Outdoor socially distanced classes  Or Indoor classes of no more than 15 (as per current guidelines)
TIER 3	Outdoor socially distanced classes	Outdoor socially distanced classes  Or Indoor classes of no more than 15 (as per current guidelines)
TIER 4	No judo permitted indoor, outdoor fitness with one person outside of your household	No judo permitted indoor, Organised outdoor fitness sessions Permitted.

Please note these restrictions come into force immediately.

N. B This document only covers Tiers within England, please refer to government guidance for Wales, Scotland and Northern Ireland.

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