

Annual General Meeting Sunday 7th July 2013
The Novotel Coventry, Wilsons Lane
Longford, Coventry, CV6 6HL

Present : R Otani, G R Mealing plus 31 members including the outgoing Headquarters committee

Meeting commenced 2.06pm

1. **Apologies.**
D Dowding, P Laskey, C Laskey, B Caffary, R Caffary, J Richmond, M Newton, A Scott, N Vitanza, L M Gaitely, R Cleevely, N Foster, K Gray, J Gray, T Gray, D Allison, P Tipping, R Marks, K Dawson, G Lewis, L Eacock.
2. **Nominations of tellers.**
Y Fox, Oxon. V Cleevely, Herts.
3. **Minutes of AGM 2012.**
B Cooke proposed the minutes be accepted as a true record, 2nd G R Mealing and Agreed with 6 abstentions.
4. **Matters Arising.**
None

B Richmond joined meeting 2.20pm

D Sherwood joined meeting 2.25pm

5. **President's Report.**
See attached.
6. **Chairman's Report.**
See attached.
7. **Area Reports.**
Reports were received from, Notts, S.Wales, Cornwall, Sussex, Avon Lincs, S London, Cleveland & Sth Durham, Herts, Northumberland, N.London, Leics & NHants & Midlands, Oxon, Somerset, Kent, Devon, & Newcastle.
8. **Sub-Committee Reports.**
R Harris provided a report on behalf of the Events Committee (attached)
9. **Finance Report.**
See attached.

N Harrison proposed the accounts be accepted, 2nd L Witts and agreed by all members present.

N Harrison proposed that the BJC continue using Bradford House Accountancy, 2nd J Massmann Agreed unanimously.

B Richmond reported the HQC would not be recommending an increase in the membership fees.

10. Resolutions.

None received.

11. Recommendations to the Technical Committee.

None received

M Kempson chair of the BJC British Judo Foundation gave a short report on the fundraising of the foundation and the grants that had been awarded. Deadline for the next set of grant applications is 30th September 2013.

12. Nominations for HQC

S Mazzullo had withdrawn his nomination.

There were now 12 nominations for the Headquarters Committee.

The following were elected to serve as HQC Members.

I Bailey	N London	M Kempson	N London
T Grigg	Avon	R Smith	Herts
R Harris	Leics& N Hants	Bob Cleevely	Herts
L Witts	Notts	B Richmond	E London & City
T Gray	Cornwall	N Harrison	E London & City
R Hudson	S. Wales		

14. Election of Treasurer.

GR Mealing proposed N Harrison, 2nd J Cole and agreed unanimously

13. BJA Affiliation Update

B Richmond gave a brief report on how the revised BJA affiliation agreement Was progressing.

There being no other business the President Mr R Otani closed the meeting at 3.30pm thanking all for attending.

Presidents report 2013

Dear Friends and Colleagues,

Welcome to 2013 BJC AGM.

Our thoughts are with absent friends and all those who may be unwell.

It has been another good year for us with many positive factors including another financial surplus and an indication of a possible increase in membership numbers.

In the past year we have had really successful well organised National Competitions, Courses and Events with our eyes now on the forthcoming new National Courses at the The Lakes and Oxford. My thanks to all those involved in these and the years events.

I am particularly heartened by the on going improvement of Ippon judo throws now seen at our National competitions held under BJC Contest Rules. The most noticeable progress is of course in the youngest competitors

Many of the syllabus set-backs have now been addressed and there will be on going further reviews in future.

In fact the BJC syllabus is just a measuring stick for the purpose of assessing grades and its importance in producing BJC Judo in our members is relevant but not the be and end all of our aims and just gives us a framework of requirements to build upon.

For this AGM I wish to use my speech to explain how I believe we can produce the highest BJC Judo judo ability on the mat. This will be a guide to all members and not just those wishing one day to become elite.

In our delivery of judo, BJC are already very good at promoting best character, best manners and warm kindness in most of our members and this is the basis from which we must always start our members education of judo. So never forget we are using judo to help individuals achieve their best possible in character and contribution to society, whilst enjoying judo and striving for outstanding judo ability.

BJC Judo describes the highest possible level of judo which we consider to be the most skilful technically successful ability in both randori and contest.

The perfect BJC judoka is therefore the model we should all aspire to be or to help other achieve. Whilst this may be every BJC members aim not all will be able to achieve it but everyone will positively gain by trying. We look for upright posture,

good balance, flexible, supple and dynamic perfect movement with throws mainly performed with tori remaining in a standing position.

The new beginners and young members have the best opportunity to progress quickly whereas the more experienced will be slower and have difficulty and changing bad habits to acquire new skills. Nevertheless all members who try to improve themselves towards the BJC Judo image will make gains.

We all know training hours and effort will improve judo but here are some factors that are not always apparent:

1. Lots of hard randori and contest in the UK does not produce a skilful judo student. This is because skilful progress depends on who they train against and if the influence is strength, stamina and power based judo this is what they will become good at. In the UK we have very few (if any) active skilful judoka who are successful at the highest level and therefore able to inspire supple skilful judo in randori and contest. Most young students have never experienced proper skilful, supple judo and how dynamic speed and competent movement can overcome the very difficult barrier of strength based judo. Therefore in the UK a different approach is necessary.
2. We must build far more judo movement skills in to beginners and young people before they subconsciously embed how to win into their competitive fighting mode.
3. Once a high level of competitive fighting mode is embedded it becomes very difficult to change or add further reflex skills.
4. Individual students must personally want to improve and want take on extra training. Success does not come from the Coaches or Parents enthusiasm alone.
5. A coach can only guide in the right (or wrong) direction and students improvement only comes with their own correct image of what they are trying to achieve is formed and a lot of repetition exercise is needed to imbed co-ordinated movement to become subconscious reflex routines.
6. 1-3 hours a week of club practice will not produce the highest results in judo skills, however for some this may be all they want and so they can still get great enjoyment whatever their skill level, alongside others who want more. This is providing that the club judo competitive practice is restricted to Pure Judo Skill and Competition Judo Skill are not allowed. The other club members will also improve with the influence of those pursuing more devoted training.
7. For those who want to achieve more, a good start would be to aim for about 10 extra hours of judo a week. Most will do this alone as homework. Mainly standing work.

8. The Japanese term is Tandoku Renshu (practice alone) and there are some examples on the internet.
9. There are many movements that can be practiced alone on a carpet or if your lucky on tatami. The BJC National Squad will be helping to identify what are considered good exercises for our members and will build a library of approved video skill sets. This library has now been started but will take some years to complete, with possibly thousands of images, hopefully some skill sets will be made available later this year.
10. Students should always work to build both left and right hand techniques and often concentrate on their weaker side when necessary. A skilful judoka must be able to take advantage of opportunities in every direction.
11. Therefore we should practice turning in for many different throws, left and right handed, foot sweeps, tsubame gaeshi, with and without the uses of an elastic/bungee rope.
12. If students have a Practice Buddy they can practice static uchi-komi at home. There are some arguments against the value of static uchi-komi but I believe this is one of the most important and useful tools for all aspiring and practicing judoka. Static Uchi-komi is not just a movement correction exercise but the perpetual rhythm produced gives a substantial stamina training tool. Self-correction of bad movements is a constant must.
13. The Club Coach should take advantage of keen parents who are willing to co-ordinate the Club Coach's guidance to a programme of homework exercises for their child. I know many parents; without judo grade but with the right attitude towards their child's welfare and our BJC principles in mind; are competent to take on specific coaching tasks for the correction and benefit of their child's judo homework. Such co-ordinators may at some stage decide to take out a BJC licence and further their coaching qualification.
For Adults this may also be done through a willing club friend or a Judo Buddy
14. Uchi-komi on the move is also most important, but this can only be generally be practiced on mat areas.
15. Once new members have acquired a good standard of movement. They will need to develop the ability to throw in competitive randori and contest practice.

Therefore to summarise - lots of Tandoku Reshu skill routines can be worked on at home from basis postures (Shizentai), how to walk and move, up to full throwing movement, with an aim to get closer to the perfect body posture which video skill sets will help to provide.

I also believe Kata can be introduced at early ages, even to some Primaries as this provided skill sets in co-ordinated judo movements. However, apart from Ju-no-kata most forms do require mat space to practice.

With this need for greater depth of judo training one can see that the syllabus itself does not produce good BJC judoka. Therefore the BJC syllabus and FPJ Coaching methods both just parts of the integrated plan to produce the qualities we need to achieve BJC judo.

As final technical points . for us all.

I believe BJC are under achieving in two potentially large areas of BJC membership growth:

- A. Schools Judo . HQC are currently looking at how to help develop this further with Roy Smith as our School Development Officer and consideration for a special BJC schools membership.
- B. Women's judo - I am convinced this could be greatly improved and increased by providing for; separate women beginner classes up to green belt, a female Coach and an emphasis on keep fit, non-contest and kata, judo.
For those who don't wish to pursue a contest career a further non-contest route is available through coaching, kata and non-contest judo.

My thanks to our Vice President Mr. G.R. Mealing who continues to be diligently vigilant in all activities and ready to remind us of BJC core values, responsibilities and heritage.

I take this opportunity to express my thanks to all BJC members, clubs, officials and parents, for their continued voluntary support of the BJC.

Also Members of the HQC, NTC, BTC, Neil Harrison our Treasurer and David Sherwood our IT Advisor who I thank for their continued devotion to running a successful BJC.

Finally, my sincere thanks to our most competent, friendly and helpful Chief Executive Officer Mrs Annette Shaw, ably assisted by Mrs. Karen Hockings.

Our continued working together as a very happy family can only lead to further success.

Thank you.

Robin Otani . President of the British Judo Council

REPORT TO AGM FROM CHAIRMAN OF THE HQC 2013

This has been a good year for the BJC. I am absolutely delighted to report that our first three clubs have achieved 'Clubmark'. Congratulations to Barnet, Bury and Southfields Judo clubs.

As well as celebrating their excellent achievement, we should not underestimate the significance of this for our organisation. Their willingness to allow our clubs to access this quality mark is real proof that the BJA remain committed to the affiliation with us. We in turn remain committed to our affiliation with the BJA as the National Governing Body for judo. Indeed, in this modern age it is almost unbelievable that judo is one of the few sports where you can run a club without being affiliated, in some way, to a the national governing body. I cannot, for myself, see that position being allowed to remain so for much longer. It is not about independence (affiliation is not amalgamation); it is about ensuring minimum standards of insurance, child protection and good order.

Our liaison team have recently held a very successful meeting with the BJA team and our new and updated affiliation agreement will soon be finalised. This document expresses our joint commitment to the affiliation and, also, will ensure that our clubs and instructors no longer face difficulties regarding 'belonging to the governing body' when applying for grants or permission to use public buildings.

I am sure that we would all like to congratulate our Events committee. In particular, The BJC Open at Kettering, this year, was a great tournament. Cromer is an excellent and enjoyable course and the BJC Summer Camp at Oxford promises to be a super weekend. Of course, we can only continue to put on these courses with the support of the membership. The bottom line is really, use it or lose it. If our members don't give priority to BJC events, then it becomes difficult to sustain and develop them. On the subject of superb events, I would like to thank and congratulate all of those who ran the St Ives Course this year for truly memorable event.

Our awards night was a very happy occasion all round. Congratulations to all the nominees (over 250) and winners. Particular congratulations to Eddie Kenny and Paul Laskey for their Lifetime Achievement Awards. Roger Harris produced a moving and uplifting film about special needs judo, which added to an already special evening. Our guests from the BJA commented about how inclusive an event it was. Once again, the event was supported by our charity, the BJC British Judo Foundation, which has done amazing work this year in raising money and making small grants to a number of clubs. We should recognise Martyn Kempson's outstanding work as Chair of the Foundation. His professionalism is an example to us all.

This is, of course, one of our great strengths in the BJC; we are a family who values each of our members. Sadly, from time to time, there are those who leave the family or who make it clear that they don't share our core values but those are a small minority; and the family is growing. Membership is growing, clubs are growing and we are growing in experience, confidence and quality. It is a good time to be a BJC member.

On the international scene we can be rightly proud of TEAM BJC and their coaches. Reports from events attended clearly show that they are not only successful but they demonstrate etiquette and attitude of which we can be proud. Our thanks to the members their parents and coaches for all their support.

Our finances look healthy and we have a more proactive approach to budgeting. We receive detailed report from our Treasurer at every HQC meeting and this enables us to make well-informed decisions. Neil Harrison is doing a brilliant job and we owe him a huge debt of gratitude.

I wish also to express my sincere appreciation to my HQC colleagues for their continued hard work. I pay particular tribute to two of our number who have decided to call it a day, at least for the time being. Tony Newton has loyally served on the HQC for a substantial number of years and I have often been grateful for his no-nonsense approach; secondly, Mr Mealing . It is impossible to over-estimate the contribution which Mr Mealing has made to the HQC and our thanks and go to him.

We could not function without our Chief Executive, Annette and Karen, her assistant. They provide a professional service and Annette is an excellent ambassador for this organisation. We thank you both as I thank all of you who continue to contribute your time and expertise to this organisation.

2013-14 will be an exciting year. We must continue to grow and prosper. We need our clubs and areas to grow in numbers and activities. To do this we must be proud of and support the BJC and its areas and be clear that we offer something different to other organisations; we have been doing it since before many of us were born and we aim to do so for many, many years to come.

B Richmond
HQC Chair

BJC Events committee report AGM 2013

Over the past 12 months the BJC Events committee have worked extremely hard to bring the membership some first class events, ranging from a three mat National kata tournament to a six mat open championship.

We have produce events that have been different and exciting to all those attending and participating. Our aim has been and always will be to promote the BJC in a positive and modern way but without diluting our core value.

We have sadly seen the last of the Bognor course but in place of it have arranged a very different course known as the Oxford Summer Camp, which will be held in August 2013, this course is a first in many ways,

1. The launch of its own website,
2. The coaches being sought from Team BJC and lead by Alan Carlise.
3. And the course director our very own Deputy Vice president Bernard Richmond.

With squad coaches, kata and a grading it's no surprise of the interest already shown, with over 1700 hits on the course website. The Cromer course remains a popular course which has been marketed for families to enjoy both the judo and the social side, thanks to Karl and Bos and the Nott's area the course is just a fun filled family course which will grow.

The BJC open has without doubt been the biggest change in BJC championships and this year in Kettering we saw the event we hoped for with an outstanding venue and a team of over 100 officials who delivered a first class flagship event. We have a great deal of interest in a sponsor for the event next year and we are in talks with TV and radio for added publicity, watch this space.

The BJC closed event is an important event for our membership, it allows us to cater for the up and coming youngsters that want to try out at National level, and it gives us the opportunity to see our BJC only members in action, we are rarely disappointed with the standard at this event which allows us to see our vision of BJC Judo in action,

The welsh National (That's the one in Hereford) we must not kid ourselves this event has been hard to sell to the membership and its title, place in the calendar and geographically location is under review by the events, it's the event that lots of people are talking about for all the wrong reasons, we will be submitting a report at the end of the year to HQC reviewing this event.

We have received some positive feedback from the BJC members and our friends in the BJA and AJA which continue to drive us forward, the events brochure has been warmly welcomed and we look forward in this continuing as a tool to assistant everyone in becoming more aware of what the BJC, its clubs and areas have to offer. We have some exciting ideas for the future events which we will submit to HQC for approval over the next few months, I can share with you that the events committee are working on a BJC National Charity team championship, which we hope will gain interest from international teams. We hope if approved this could be planned for 2014.

As chair of the events committee I would like to thank my colleges on the Events Committee for all the time and hard work given to the events and also to HQC who have created the opportunity for the BJC events to move forward in an ambitious and creative way. I would also like to thank all the clubs, coaches and officials who have continued to attend these events and make them the success they are.

Special thanks to Pat Tipping, and John Massmann for their hard work as top table officials and to Tony Grigg for his hard work in encouraging referee and Table officials.

Roger Harris,Chair,BJC Events Committee

TREASURERS REPORT 2013

My report today deals with the unaudited financial statements for the year ended 30 April 2013.

The books and record during this period were maintained by Annette Shaw at head office and the financial statements were prepared by Bradford House Accountancy.

PROFIT AND LOSS ACCOUNT

I am pleased to reveal that the financial statements report a post-tax profit of £13,782. As previously reported the overall surplus for 2012 was £23,764. However, the prior year results included two exceptional items, namely a one-off £7,500 insurance refund and a profit on disposal of a historic investment of £8,444. Excluding these two items in 2012 our core activities generated a surplus of £7,820. As such this year's results represent an improvement in the surplus generated from our core activities.

During the year our turnover has increase to £132,827 (2012: £106,715). This increase is attributable to a growth in our membership numbers and an increase in revenue generated by our events.

Our expenditure has also increased. However, these increases were tightly controlled and contributed to our success in 2013 and an overall improvement in our operating surplus.

BALANCE SHEET

I shall now talk you through the balance sheet on a line by line basis:

Tangible fixed assets

During the year we invested in a number of new assets. These include jigsaw mats (£1,932) and a bespoke database (£7,800). The net book value of fixed assets has increased from £3,128 to £10,736.

Stocks

Stocks comprise £7,038 (2012: £5,335) of BJC merchandise (e.g. ties, badges, booklets, licence wallets). The increase in the level of stocks held is a result of purchasing a stock of the new plastic licence holders.

Debtors

Debtors of £19,889 (2012: £28,254) comprise:

1. Prepaid insurance (i.e. paid in advance) - £9,881 (2012: £14,036)
2. Prepaid rent - £833 (2012: £833)
3. Prepaid competition expenses - £1,400 (2012: £5,610)
4. Amounts due from the BJC British Judo Foundation Charity £7,775 (2012: £7,775)

I note that post year end the BJC British Judo Foundation Charity repaid £1,000 of the amount due.

Cash at bank and in hand

Cash at bank and in hand of £100,976 (2012: £90,726) comprises the monies held in our various bank accounts plus a small petty cash float of.

Creditors

Creditors of £9,369 (2012: £11,955) comprise:

1. Event entry fees received in advance - £7,027 (2012: £9,973)
2. Accruals - £1,800 (2012: £1,800)
3. Taxation payable ó £542 (2012: £182)

I would like to thank Annette Shaw for her diligent maintenance of the company's books and records and I would like to propose that the services of Bradford House Accountancy are retained for the following year.

Neil Harrison FCCA
Treasurer of the British Judo Council