

British Judo Council Kata Requirements for Senior Grades

| FOR CONTEST GRADES – AS TORI | | | | | | | |
|---|---------------------|---------------------------------------|---------------------------------------|---|---|---|--|
| | 2 nd Kyu | 1 st Kyu | 1 st Dan | 2 nd Dan | 3 rd Dan | 4 th Dan | 5 th Dan |
| 1. Katame-No-Kata | 1 st Set | 1 st & 2 nd Set | 1 st & 2 nd Set | Complete | | Candidate's Choice Any 2 Kata | Assessor's Choice Any 3 Kata from all or from a previous grading |
| 2. Nage-No-Kata | 1 st Set | 1 st & 2 nd Set | Complete | | Complete | | |
| 3. Ju-No-Kata | | | | Candidate's Choice One of either; Ju-No-Kata or Goshin-Jutsu or Kime-No-Kata (Complete) | Candidate's Choice One of the three Kata not demonstrated for 2 nd Dan | | |
| 4. Goshin-Jutsu | | | | | | | |
| 5. Kime-No-Kata | | | | | | | |
| 6. Itsutsu-No-Kata | | | | | | | |
| 7. Kaeshi-No-Kata Or 8. Go-No-Sen-No | | | | | | Complete | |

Kata maybe pre-assessed, if so approved. Otherwise Kata assessment is required on the day of contest.

| FOR NON-CONTEST GRADES – AS UKE AND TORI | | | | | | | |
|---|---------------------|---------------------------------------|---------------------------------------|--|---|---|--|
| | 2 nd Kyu | 1 st Kyu | 1 st Dan | 2 nd Dan | 3 rd Dan | 4 th Dan | 5 th Dan |
| 1. Katame-No-Kata | 1 st Set | 1 st & 2 nd Set | 1 st & 2 nd Set | Complete | | Candidate's Choice Any 2 Kata | Assessor's Choice Any 3 Kata from all or from a previous grading |
| 2. Nage-No-Kata | 1 st Set | 1 st & 2 nd Set | Complete | | Complete | | |
| 3. Ju-No-Kata | 1 st Set | 1 st & 2 nd Set | Complete | Candidate's Choice One of either; Ju-No- Kata or Goshin-Jutsu or Kime-No-Kata (Complete) | Candidate's Choice One of the three Kata not demonstrated for 2 nd Dan | | |
| 4. Goshin-Jutsu | | | | | | | |
| 5. Kime-No-Kata | | | | | | | |
| 6. Itsutsu-No-Kata | | | | Complete | Complete | | |
| 7. Kaeshi-No-Kata Or 8. Go-No-Sen-No | | | | | | Complete | |

For grading of 2nd Dan & above, a record of which Kata has been demonstrated must be noted on the BJC licence, with the date, place & grade.

This would indicate a demonstration of a quality of Kata appropriate for to the grade achieved.

All Kata demonstrated must be essentially; to the BJC standard as found in the published BJC Kata Booklets.