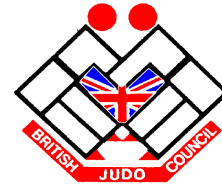


# BJC Nage-No-Kata Tournament Assessment Sheet



Tori.....		170 Starting Points		Minus Points	
Uke.....		Remaining Points		/ = Noted Errors	
Opening the Kata					R = Right side L = Left side
<b>Te-Waza</b>	UKI-OTOSHI Floating Drop				
	KATA-SEOI-NAGE Single Arm Shoulder Throw				
	KATA-GURUMA Shoulder Wheel				
<b>Koshi- Waza</b>	UKI-GOSHI Floating Hip				
	HARAI-GOSHI Sweeping Hip				
	TSURI-KOMI-GOSHI Lift Pull Hip				
<b>Ashi-Waza</b>	OKURI-ASHI-HARAI Sweeping Ankle				
	SASAE-TSURI-KOMI-ASHI Propping Drawing Ankle				
	UCHI-MATA Inner Thigh				
<b>Masutemi-Waza</b>	TOMOE-NAGE Stomach Throw				
	URA-NAGE Rear Throw				
	SUMI-GAESHI Corner Throw				
<b>Yoko-Sutemi-Waza</b>	YOKO-GAKE Side Dash				
	YOKO-GURUMA Side Wheel				
	UKI-WAZA Floating Throw				
Closing the Kata					

Assessor's Name.....	Print Assessor's Name.....
Venue.....	Date..... 051117